



# METACOGNITIVE THERAPY

THIS CERTIFIES THAT

has successfully completed the two-year masterclass of 108 hours basic training including clinical supervision of cases approved by the Metacognitive Therapy Institute and is therefore awarded this

**LEVEL 1 DIPLOMA**

Given this 7<sup>th</sup> day of December, 2016

A handwritten signature in black ink, appearing to read 'Adrian Wells', is written over a horizontal line.

Professor Adrian Wells, Ph.D (Director)

A handwritten signature in black ink, appearing to read 'Hans M. Nordahl', is written over a horizontal line.

Professor Hans M. Nordahl, Ph.D (Director)

Code: D1

Level 1 signifies basic training in foundation skills and knowledge necessary for core competencies